



Program Summary

Date	Section & Activity	Meeting Place	Time	Registration Contact
Saturday 8 Sep	City Walk: Vietnam History Museum: A Relational World View English	Vietnam Museum of History, ticket office, 1 Tràng Tiền	9:30 AM (3.5 hrs)	Roman FVH.CityWalks.English@gmail.com
Wednesday 12 Sep	City Walk: Vietnam History Museum (2F) Japanese	In front of Vietnam Museum of History, 1 Tràng Tiền	9:30 AM (2 hrs)	Hikaru Sugimori herijapan@yahoo.co.jp
Saturday 15 Sep	City Walk: Hàng Đào Street English	In front of KFC on Lương Văn Can Street	9:00 AM (2 hrs)	Sue sue.jacka@gmail.com
Sunday 23 Sep	Tradition&Medicine: Food as Medicine: Lotus English	Café L'amour 7 building E Van Phuc Str	4:00 PM (2 hrs)	Tra My trmy.nguyen@gmail.com
Saturday 29 Sep	Traditional Beliefs and Religions: Mid-Autumn Moon Festival ethnic style English	Vietnam Museum of Ethnology, Đường Nguyễn Văn Huyền, Meet in front of box office	9:30 AM	Roman fvh.beliefsandreligions@gmail.com

Friends of Vietnam Heritage (FVH) is a non-formal group of mainly Hà Nội residents from many countries who work voluntarily to promote and preserve Vietnamese cultural and historical heritage. With a cadre of dedicated volunteers and limited financial resources, FVH is proud to offer an array of events like those listed above and detailed on the following pages.

Due to financial obligations incurred by FVH while planning events, please register for events in advance as space is limited. If you must cancel fewer than 24 hours before the event, or if you do not show up, you are kindly requested to pay the event fee.



Program Details

Discover Hanoi City Walk:

Vietnam History Museum: A Relational World View

Saturday, 8 September, 9:30 AM – 1:00 PM

(English)

Discover how civilizations and events both near and far have shaped Vietnamese history. Along the way, take a look at the development of such crafts as bronze making, ceramics, and woodcarving. Then, take a short break in the atmospheric courtyard and learn about the important architecture of the museum and the contribution of French architects to the local atmosphere of Hanoi, before going back inside and learning about the major events that have made Vietnam the unique country it is today. Lunch and discussion afterward in the museum café.



Place: Vietnam Museum of History, ticket office, 1 Tràng Tiền

Cost: 70,000 VND

Limit: 12 people

Registration: Roman, FVH.CityWalks.English@gmail.com

Please leave your mobile number so you can be contact in case of any last minute changes.

Notes: Wear comfortable shoes and clothes and bring plenty of water to drink. Please do not bring large bags or purses.

Discover Hanoi City Walk:

Vietnam History Museum (2F)

Wednesday, 12 September, 9:30 AM - 11:30 AM

(Japanese)

Our walk will start from the entrance of the National Museum of Vietnamese History. We will introduce Vietnamese history from the foundation of the nation to the Declaration of Independence (1945). We'll also cover the Chăm Pa Kingdom and related exhibits located on the first and second floors of the museum. We'll focus on Việt Nam's great kings and heroes, many of whose names are commemorated on Hà Nội's streets, such as Hai Bà Trưng, Trần Hưng Đạo, Lý Thái Tổ, and so on. This tour will be held in Japanese only.



Place: In front of History Museum, 1 Tràng Tiền Street

Cost: 70,000 VND*

Limit: 10 people

Contact: Hikaru Sugimori, herijapan@yahoo.co.jp

Please leave your mobile number so you can be contact in case of any last minute changes.

Notes: Wear comfortable shoes and clothes



Discover Hanoi City Walk:

Hàng Đào Street

Saturday, 15 September, 9:00 AM - 11:00 AM
(English)

This walk commences at Hàng Đào and travels through some of the streets of the Old Quarter, highlighting the concept of the '36 trade streets' where each street is named after the original product or service of the individual trade guilds. We see examples of traditional, French and Art Deco architecture. We also visit a communal house and pagoda, the famous Bạch Mã Temple and see the house where Hồ Chí Minh drafted the Declaration of Independence.



Place: In front of KFC on Lương Văn Can Street

Cost: 70,000 VND

Limit: 8 people

Registration: Sue, sue.jacka@gmail.com

Please leave your mobile phone number so we can contact you in case of any last minute changes.

Tradition & Medicine:

Food as Medicine : Lotus

Sunday, 23 September, 4:00 PM – 6:00 PM

The lotus, its pistils and grains have a close connection to the heart, king of all the organs, and the lotus is important when moving to a new place. Also, it is a real blessing to capture Vietnamese culture in the heart of the lotus. On Sunday 23rd, a Vietnamese herbalist will give a lecture about the lotus, its culture, and its relationship with the heart, especially of the Vietnamese people. We will also prepare some tea and Vietnamese dishes using lotus seeds and roots.



Place: Café L'amour, 7 building E, Vạn Phúc Street

Cost: 150,000 VND

Limit: 15 people

Registration: Tra My; trmy.nguyen@gmail.com

Please leave your mobile number so you can be contact in case of any last minute changes.



Beliefs and Religions:

Mid-Autumn Moon Festival, ethnic style

Saturday, 29 September, 9:30 AM -

The Mid-Autumn (Moon) Festival is a popular harvest festival celebrated by Chinese and Vietnamese people including the various ethnic groups which live on or near the borders of the two countries. It dates back over 3 000 years to moon worship in China's Shang Dynasty. There are many versions of the story of how the moon became so bright, but they have in common the themes of banishment from heaven to a common life on earth, and the redemption to immortal status through hard work and following the Tao. The legends also include earthly moral dilemmas such as jealousy, greed, and forgiveness. In a part of one legend, two immortals are banished to earth, find redemption, only to be tempted by greed resulting in the wife swallowing the radiant elixir of life and floating up to the moon making it bright.



Come with us to the Vietnam Ethnology Museum, let our Vietnamese experts tell you the stories and legends, let Hanoi Kids share their childhood experiences with you and guide you through the fun activities and events, and experience first-hand the many traditions of this fun festival!

Come with us to the Vietnam Ethnology Museum and experience first-hand the many traditions of this fun festival!

Place: Vietnam Museum of Ethnology, Nguyễn Văn Huyền Street, meet in front of box office
Cost: 100,000vnd including price of admission to museum
Limit: 20 people
Contact: Roman, FVH.Beliefsandreligions@gmail.com
Please leave your mobile number so you can be contact in case of any last minute changes.
Notes: Likely to be very crowded, hot, or rainy. Please come prepared.



Get Involved, Volunteer!

Guidebook Coordinator

A newly created position within Friends of Vietnam Heritage, the aim of the Guidebook Coordinator is to improve the distribution of FVH guidebooks with the help of Thế Giới Publishers and FVH's Publishing Committee. The ideal candidate will be a volunteer who is knowledgeable in marketing and methods to increase sales and visibility of FVH's guidebooks, which are currently on sale at such locations as Bookworm, Văn Miếu, and various museum gift shops. The Coordinator will receive ample training to answer FVH questions during sales meetings and to present the FVH guidebook series. The Coordinator will be encouraged to help grow this position so it meets the evolving needs of the organization.

Main duties:

- Promotion, sales and marketing – Introduce FVH guidebooks to appropriate Hà Nội-area retailers and build on-going sales relationships. Present and discuss the guidebooks with interested groups and give presentations at FVH events
- Distribution – Monitor inventory at sales locations, replace stock as needed, and deliver new publications in a timely manner. Work with retailers to ensure FVH guidebooks are displayed prominently and are in good condition. Liaise with FVH Section Heads to ensure adequate stock is available for sale during their activities. Occasionally deliver gift items
- Submit monthly activity/accounting report to the Executive Committee. When possible, attend monthly Governing Council meeting (usually held on the first Tuesday of each month)
- Mentor an alternate Coordinator as a future replacement or as an additional team member in order to expand sales and distributions efforts



Compensation:

- FVH is a volunteer organization and, as such, all members work from home and receive no financial compensation.
- A small monthly stipend will be given to the Coordinator to help cover costs of motorbike fuel for purchasing, restocking and FVH deliveries.

Expected output: Increase distribution and new sales of FVH guidebooks

Estimated workload: 6-10 hrs per month

For more information: Please email John Reilly, left-handed2hanoi@yahoo.com

Beliefs & Religions Co-Section Head

Main duties:

- Contact a knowledgeable person
- Arrange for an introduction and participatory session
- Help find and arrange a suitable venue
- Attend the event, check-in attendees, and collect the event fee

Expected output: One activity each month if possible (except during summer months)

Estimated time: 5-10 hrs per month

For more information: Please email fvh.@gmail.com





Films Co-Section Head

Main duties:

- Help choose a film for monthly viewing
- Assist the Section Head to set up a speaker to pair with the film (director, producer, actor, special speaker, etc)
- Schedule time and date with Cinematheque
- Submit information for the newsletter and calendar
- Keep track of sign ups
- Send reminders to all who sign up for the activity
- Check-in attendees and collect money for activity
- Contribute to the monthly section report and financial report for the activity
- Attend monthly council meeting when the Section Heads is unavailable
- Supports the Section Head with other FVH tasks upon request

Expected output:

- One program per month (except during summer months)

Estimated workload: 8 hrs per month

For more information: Please email fvheritage@gmail.com



Arts & Antiquities Co-Section Head

Main Duties:

- Contact lecturers, experts and teachers to set up date, time and subject of lecture or demonstration (one lecture/demonstration to be held each month)
- Submit information for the newsletter and calendar
- Send a reminder to all who sign up for the activity (four days before activity)
- Attend lecture or demonstration
- Check attendees and collect money for activity
- Submit monthly section report and financial report for activity
- Attend monthly Governing Council meeting (first Tuesday of each month)

Expected output: Plan one activity each month; prepare an alternate activity two months in advance

Estimated workload: 5 hrs per month

For more information: Please email fvheritage@gmail.com

PR & Design Section Head

Main duties:

- Handling the FVH brochure which we are having revised
- Helping out to design ways to promote, describe FVH activities, events
- Produce and distribute the FVH Section Heads 'starters kit' to this position. Both to upgrade and improve the way of bringing new Section Heads up to speed with our paperwork, charter, finances, act.

For more information: Please email John Reilly, left-handed2hanoi@yahoo.com



Excursions Co-Section Head

Main duties:

- Help establish, maintain and assist the Section Head to lead a Day Excursions Committee and help research and select locations for future day excursions.
- Assist in coordination of setting up dates and times for 1 excursion per month and help arrange transportation and related experts to guide or provide demonstration.
- Assist in preparing excursion information for the monthly newsletter and to contact and confirm any related demonstrations by local experts on day of excursion.
- Accompany Section Head and committee members on all excursions or pre-trips. On day of excursion help maintain a reservation listing, confirm and collect money. Assist in the submission of a monthly section report and financial report for excursion.
- Assist Section Head in compiling a listing of activities for the presentation of a year end summary at the June GC meeting.
- May need to attend monthly Governing Council meeting.

Estimated time: 8 to 10 hours per month

Further information: Please email to fvheritage@gmail.com



Museum Spotlight

Vietnam Museum of Ethnology

Bảo Tàng Dân Tộc Học Việt Nam

Nguyễn Văn Huyền Road, Cầu Giấy, Hà Nội

Tel: (84-4) 3756-2193

Email: vme18@vme.org.vn

www.vme.org.vn

Bus Routes: 7, 14, 27, 28, 30, 38, 45

Hours: 8:30 AM - 5:30 PM daily except Mondays

Ticket Price: 25,000 VND for regular admission

5,000 VND for children and students

Free for children under 6 years of age and people of Việt Nam ethnic minorities

Tour Prices: 30,000 VND for tours in Vietnamese, 50,000 VND in French and English

Water Puppets: Performances every Saturday and Sunday at 10:00 AM, 11:30 AM, 2:30 PM and 4:00 PM. Show tickets are 20,000 VND for adults, 10,000 VND for children, children under six are free. This fee is in addition to the regular museum entrance fee and goes directly to the puppet troupe. After the performances there are opportunities to talk to the artisans about traditional puppetry in Việt Nam. The performance is held in the outdoor exhibition

space. Special performance for private parties and events can be arranged.



"Becoming a Man Ceremony of the Bamana in Mali" Exhibition is currently on display at the Vietnam Museum of Ethnology.

"Becoming a Man Ceremony of the Bamana in Mali" Exhibition

This exhibition is the result of the cooperation between the Vietnam Museum of Ethnology and two French friends, anthropologist Mrs. Catherine De Clippel and design professor Mr. Patrick Hoarau. This exhibition will display 27 artifacts, 63 photos, 5 movies, and writings. It is meant to introduce viewers to the customs and religions of the Bamana in Mali in West Africa. Masks, worship objects, and real images of festivals, hunters, and the shamans will be selected to portray the important ceremonies of the Bamana men's lives. Ceremonies and custom activities, particularly, the rite of passage to manhood, which is overcome by boys to become men, and the ceremony for proving power to confirm the position of each man, all reflect traditional society in Mali. These are mysterious and specific aspects of African traditions, but quite new for most Vietnamese. Although this exhibition is about West Africa, viewers will see a few similarities in customs, ages, and the ceremony "Becoming a Man" in Vietnam.

Period: until November 11, 2012



Hanoi Museum
Bảo Tàng Hà Nội

Phạm Hùng Street, Từ Liêm

The first two floors of the Vietnam National Museum of History house a permanent collection of bronzes, photos, plants, pottery and miscellaneous artifacts, along with a small cafe and shop. At the entrance to the second floor exhibits there is magnificent silk embroidery. The third and fourth floors are still under development but currently display an extensive temporary collection of ceramic pieces from 1000BC to the 20th Century, Đông Sơn drums and both metal and stone tools.

This new museum is completely wheelchair accessible. There is a ramp on the left of the stairs leading to the front door and a circular ramp spirals to each of the four floors. There is also an elevator.



Items are labeled in both Vietnamese and English and are well lit and displayed. Groups are welcome.

Location: Next to the Conference Center near the Mỹ Đình National Stadium
Hours: 8:30-11:30 AM, 2:00-4:30 PM. Closed on Mondays.
Admission: Free until further notice. English Translator available, donation requested
Bus Routes: 5, 29, 33, 39, 44, 50

Vietnam Museum of Fine Arts
Bảo Tàng Mỹ Thuật

66 Nguyễn Thái Học, Tel: (84-4) 3823-3084

www.baotangmythuat.vn

Bus Routes: 2, 18, 23, 25, 27, 32, 34, 38, 39, 41, 45, 50
Hours: 8:30 AM – 5:00 PM daily
Ticket Price: 20,000 VND for adults
7,000 VND for students and children under 12
FVH Liaison: John Reilly, left-handed2hanoi@yahoo.com

The Vietnam Museum of Fine Arts has an excellent collection of the following:

- Fine arts in the early historic times, pre-11th century
- Religious art
- Fine arts from 11th to 19th century
- Paintings and sculptures from the 20th century
- Lacquer paintings
- Paintings on silk
- Applied decorative arts
- Vietnamese ceramics from 11th to 20th century





The National Museum of Vietnamese History
Bảo Tàng Lịch Sử

1 Tràng Tiền Street,
Tel: (84-4) 3824-1384 / 3825-7753
Email: banbientap@nmvnh.org.vn
www.baotanglichsu.vn

Bus Routes: 2, 3, 4, 9, 11, 23, 34, 36, 40, 45
Hours: 8:30 AM – 11.30 AM & 1.30 PM - 4:30 PM
(daily except Monday)
Guided tours: Available on request

Guide Contact: Mrs Nguyen Thu Hoan, Deputy of Exhibition
and Education Department, office: (84-4) 824-
1384, mobile: (84) 094-536-8086
tuyentruyenbt@baotanglichsu.vn

Ticket Price: 20,000 VND for adults
10,000 VND for students
2,000 VND for children

Photo/Video Charges:
Video: 800,000 VND per day if showcases are opened; 400,000 VND per day if showcases
are not opened
Research photographs: 20,000-600,000 VND per day (depending on needs)
Personal video: 30,000 VND
Personal camera: 15,000 VND



**"Cultural Heritage of Vietnamese
Oceania" Exhibition** is currently on
display at the History Museum.

The Vietnamese Women's Museum

Bảo Tàng Phụ Nữ

36 Lý Thường Kiệt, Tel: (84-4) 3825-9936
www.baotangphunu.org.vn

Bus Routes: Any bus that runs on Lê Duẩn,
Hai Bà Trưng, or Trần Hưng Đạo
Hours: Daily from 8:00 AM - 4:30 PM
Ticket Price: 30,000 VND for Expats





Publications

Friends of Vietnam Heritage produce a number of publications. All publications are **60,000 VND**. If you would like to purchase any of these books just contact FVH at fvheritage@gmail.com. Books are also sold at all FVH events or at Bookworm.

1. Bạch Mã Temple Guidebook (White Horse Temple)

Learn about King Lý Thái Tổ's dream and why the temple honors the White Horse Deity. This guidebook offers detailed information on the history of Bạch Mã Temple on Hàng Buồm Street, including temple layout, translation of panels written in Chinese characters, as well as information about the symbolism used in the temple. The guided walk contained at the end of this guidebook provides an opportunity to explore and experience some of the same streets where the craft guilds and merchants set-up within the third enclosure of the citadel.

Published 2001

2. Quán Thánh Temple Guidebook

This publication details the legends of Huyền Thiên Trấn Vũ, also known as the 'genie who guards the Dark Heaven.' This guidebook contains detailed information on the history of Quán Thánh Temple, as well as translations of the many parallel sentences and poems on the walls and columns of this magnificent Taoist Temple. A walking tour of the bronze-casting village of Ngũ Xã, with its Chùa and Đình and the enjoyable atmosphere around Trúc Bạch Lake is included.

Published 2002, reprinted 2008

3. Trấn Quốc Pagoda Guidebook

The Trấn Quốc Pagoda on Thanh Niên Road was founded some 1400 years ago, and it is one of the most ancient Buddhist pagodas in Hà Nội. Nestled between West Lake and Trúc Bạch Lake, the pagoda is considered a magnificent symbol of Buddhism in Việt Nam, and is one of the most visited sites in the capital. This guidebook covers the history of Buddhism, the temple layout, and describes in detail the different areas of the pagoda. A fascinating publication, which includes especially commissioned drawings and photographs.

Published 2003, reprinted 2006

4. Phủ Tây Hồ Guidebook (West Lake Palace)

Have you ever wondered who these doll-like statues in glass cabinets, in blue, white, red or green attire may be? Phủ Tây Hồ at the far end of the Tây Hồ peninsula is the most impressive pagoda dedicated to the cult of the Mother goddesses in Hà Nội, an indigenous cult that seems to permeate the lives of all Vietnamese women in varying degrees. The guidebook describes in detail the complex itself, then discusses the religion of the Mother goddesses, including its philosophy, pantheon and rituals.

Published 2004

5. Lãn Ông Street Guidebook (Traditional Medicine Street)

Traditional medicine is very much alive on this particular street of the Old Quarter. This guidebook not only describes the area in its historical context and current set-up, but also offers information on a variety of Vietnamese herbal teas for the health conscious as well as a comprehensive pictorial of Lãn Ông Street.

Published 2005, reprinted 2005



6. Bát Tràng Traditional Pottery Village: A Self-Guided Walk

This guidebook focuses on the old section of the pottery commune of Bát Tràng, a village with a long history hitherto unknown to many outsiders. The guidebook is based on a self-guided walk. There are three different circuits lasting from 45 minutes to two hours, all shown on a map.

Published 2006, reprinted 2009

7. Hoàn Kiếm Lake, its Legends and Temples: A Self-Guided Walk

The area around Hồ Hoàn Kiếm represents the physical heart and spiritual soul of Hà Nội. Continuing the tradition of FVH to promote the understanding of Việt Nam's history and culture, this guidebook focuses on the history and legends, the temples and pagodas surrounding the lake. Also included is information on the large Báo Ân Pagoda complex, which was razed between 1886-1889 and left only the Hòa Phong tower still standing today.

Published 2007

8. Vignettes of French Culture in Hà Nội

This guidebook provides an insight and appreciation of the influence on Hà Nội of the French colonial period from 1873 until 1954. The three guided walks contained in this guidebook provide an opportunity for the reader to explore and experience aspects of what the people of Hà Nội have absorbed and made their own as a result of eighty years of French presence in their city.

Published 2008

9. Hồ Tây – Walks Around West Lake

Hồ Tây continues to inspired writers, artists and photographers with its beauty, history, culture and religious aspects, but it also provides for its local residents a source of fish, water and a rich soil to cultivate a variety of plants and vegetables. This guidebook covers the legends of the lake, as well as its history and future plans for this rapidly expanding part of Hà Nội. Included are five self-guided walks identifying those places of interest both old and new around the entire West Lake shore.

Published 2009

10. Văn Miếu Walking Tour (Temple of Literature)

This guidebook introduces visitors to the Văn Miếu, or the Temple of Literature, one of the foremost architectural treasures of Việt Nam and its capital city Hà Nội. The Văn Miếu - Quốc Tử Giám ranks third in Việt Nam's register of national historic sites. A leafy oasis in the centre of the bustling city, it is a magnet for the citizens of Hà Nội and for visitors to the city who wish to spend a quiet moment contemplating its rich past. This guidebook contains a history of the school and the temple, a description of each courtyard and its meaning as expressed through its architecture, translations of all the plaques, as well as quick guides to Confucianism and the Royal Examinations

Published 2010



Resource Center

Hanoi City Library Thư Viện Hà Nội 47 Bà Triệu, 4th floor Hà Nội, Việt Nam

The Friends of Vietnam Heritage's Resource Center is on the 4th floor of the Hanoi City Library (Thư Viện Hà Nội), located on the corner of Trần Hưng Đạo and Bà Triệu streets. The FVH collection includes books and journals that focus on Vietnamese art, history and culture.

In order to access the collection you need to get a Reader's Card. Go to the office (just inside the main entrance of the library), fill out a simple form, and attach one photograph. You'll also need to show your passport and pay an annual fee of 22,000 VND. After becoming a member, show your card whenever you go in.



The FVH collection is for reference only. You cannot remove the books from the library. Please note that the Reader's Card does not authorize the holder to borrow other books from the main library. If you want a Borrower's Card for checking out non-FVH books, you will need to fill out another form to receive one.

Library Opening Times: Every day Monday to Friday except Thursday morning of the first and third week of the month. Daily times: 8:00 AM – 12:00 PM and 1:30 – 5:00 PM. Closed on weekends and national holidays.

Moving?

Say goodbye to FVH by leaving us your gently-used books about Việt Nam. Your donation will be added to our reference collection, housed inside the FVH Resource Centre, Hanoi City Library. Contact John Reilly (lefthanded2hanoi@yahoo.com) to arrange donation. Your books will be enjoyed by many people for years to come—thank you!



The Last Page

Friends of Vietnam Heritage (FVH) is a non-formal group of mainly Hà Nội residents from many countries, including Việt Nam. FVH's purpose is to enjoy, enhance and deepen the understanding of Việt Nam's cultural and historical heritage and thereby help with its preservation. There is no membership fee to join.

Website: www.fvheritage.org
Bookmark the Friends of Vietnam Heritage website where you will find the monthly program and further information about FVH, including a photo page and links.

Email: fvheritage@gmail.com
Address all correspondence to the Friends of Vietnam Heritage email address.

Program: To receive our free monthly program, please send an email to fvheritage@gmail.com.

Participation: Our programs are open to all people. FVH programs and events are in English or translated into English, unless noted otherwise.

Volunteering: If you are interested in serving on the FVH Governing Council or in volunteering for a specific section, please send an email to fvheritage@gmail.com. Also visit the "Get Involved" section of our website for current volunteer openings. FVH does not have an office, so all volunteers work from home.

Council Meetings: The FVH Council usually meets every first Tuesday of the month at the Fine Arts Museum. However, times and dates may change. Everyone who receives this program is welcome to attend the meetings as an observer. If you are interested in attending, please email fvheritage@gmail.com to verify date and time.

Executive Committee: John Reilly, Chair; Sue Jacka, Treasurer

Student Invitation

FVH would like to invite Vietnamese students to join our events for half of the activity cost. Please contact the event coordinator to reserve a place (subject to availability, as determined by the coordinator). Students are required to present their current student identification card.

Off the Record, Disclaimer

All FVH activities, especially the lectures and discussions, are considered "off the record" and as such, may not be quoted in the press or other format. Exceptions will only be considered when proper requests for permissions and arrangements have been made beforehand with FVH and the individual speaker. In addition, all statements made during FVH programs belong to the individual presenter(s) and as such do not reflect the views or opinions of the organization, council or members of FVH.

HOPE TO SEE YOU AT OUR EVENTS!

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with "UNSUBSCRIBE" in the subject line.*

-END-